

# LOUGH VIEW BAR MENU

*Our story is...we love where we live!*

## STARTERS

<b>CHEFS SOUP OF THE DAY</b> .....	€6.00
Made from locally sourced vegetables & served with wheaten bread & local butter (MK, CY, WH1,WH3, WH4, SY)	
<b>CLASSIC CAESAR SALAD</b> .....	€8.00
Baby Gem, Bacon crumb, croutons, Parmesan Cheese, Caesar dressing (SE,LP1,FH,CY,MD,SP)	
<b>CRISPY BUFFALO CHICKEN WINGS</b> .....	€8.50
Served with pickeled slaw (SE,/LP1/FH/CY/MD/SP)	
<b>BEEF NACHOS</b> .....	€8.00
Served with Sour Cream dip (MK)	
<b>SLOW COOKED STICKY BBQ BEEF RIBS</b> .....	€9.00
Served with pickeled slaw (WH1, EG, MK)	
<b>ITALIAN BRUSCHETTA</b> .....	€8.50
Tomato, Spring Onion, & Pesto (WH1, TN)	
<b>VEGGIE SPRING ROLLS</b> .....	€8.50
Served with pickeled slaw and asian dip (FH, EG, CY)	

## MAIN COURSES

<b>PASTA OF THE DAY</b> .....	€17.00
Please ask your Server for details (WH1, EG)	
<b>BREADED CHICKEN GOUJONS</b> .....	€18.50
Garlic and Sweet Chilli Dip, with House Salad (WH1, EG, MK, MD, SP)	
<b>PAN ROASTED CHICKEN SUPREME</b> .....	€18.50
With burnt Onion and Dill mash potatoes and white wine sauce (MK)	
<b>CHINESE STYLE CHICKEN CURRY</b> .....	€18.00
Our secret chinese curry receipe. Served with Riee and Prawn Crackers (WH1, FH)	

## MAIN COURSES

<b>CAJUN CHICKEN MELTER WITH SALSA</b> .....	€18.50
Smoked cheese, onion ring & choice of sauce (WH1/FH)	
<b>SALT 'N' CHILLI CHICKEN</b> .....	€18.00
With crackers, homemade curry sauce and rice (WH1/FH)	
<b>CHILLI CHICKEN &amp; CHORIZO CIABATTA</b> .....	€18.00
With peppers, onions, and our secret spicy sauce (WH1/EG)	
<b>OPEN STEAK SANDWICH</b> .....	€20.00
Served with carmalised red opnion, smoked cheese and onion ring (WH1/MK)	
<b>100Z SIRLOIN STEAK</b> .....	€28.00
Served with carrot puree, onion ring, grilled tomato (WH1, MK, CY, SY)	
<b>80Z BURGER</b> .....	€17.50
Served on a Brioche Bun, with bacon jam, smoked cheese, and pickeled slaw (WH1, EG, MK, SP)	
<b>INISHOWEN TRADITIONAL ROAST OF THE DAY</b> .....	€17.00
Served with seasonal vegetables, pan gravy & creamed potatoes (WH1, EG, MK, SY, CY, SP)	

## FISH

<b>FISH OF THE DAY</b> .....	€20.00
Please ask your server for details (FH, MK, CY, SP)	
<b>BEER BATTERED HADDOCK</b> .....	€18.50
Served with Salad, Peas and tartare sauce (WH1, MD, FH, SP, EG)	
<b>WILD MUSHROOM RISOTTO</b> .....	€17.00
Served with a Herb Oil	
<b>BEETROOT BURGER</b> .....	€17.00
Served on a Vegan Bun with Tomato, Pickles, and Vegan Mayonnaise with choice of side (WH1, SY, MD)	
<b>VEGGIE STIRFRY WITH NOODLES</b> .....	€16.50
Tossed in an asian sauce (SE, WH1, FH)	

# INISHOWEN GATEWAY



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## BARFOOD MENU

12.30PM-9.00PM SUN - THURS  
12.30PM - 9.30PM FRI/SAT

## SANDWICH MENU

Served to 4pm Daily

### WRAPS €9.00

SERVED WITH A MIXED SALAD & SKINNY FRIES

#### Chilli Chicken

With Sliced lettuce, caramlised onion, cajun chicken and mayo (CY/WH1/MK/EG/SE/SY)

Chicken Caesar, Baby Gem, Bacon crumb, Parmesan, Caesar dressing (WH1, EG, MK, SY, MD, FH)

#### Buffalo Chicken Wrap

Crispy buffalo chicken, pickled houseslaw with a lightly spiced mayo (WH1/CY/MK/EG/SY/SE)

### SANDWICHES €11.00

SERVED WITH A MIXED SALAD & SKINNY FRIES

BLT - Choice of bread with smoked bacon, babygem lettuce, sliced tomato (WH1/CY/EG/MK)

Club Sandwich - Chicken, Bacon, Egg, Tomato, Lettuce, Garlic Mayonnaise (WH1, MD, EG)

Chicken Goujon Wrap - Onion Jam, Bacon Crumb, Mixed Leaf (WH1, MD, EG)

## SIDES & SAUCES

CHIPS	SP	SAUCES	
SKINNY FRIES		PEPPER	MK, SY, CY
GARLIC POTATOES	MK, SP	CURRY	
ONION RINGS		GRAVY	
MIXED SALAD		CHORIZO	MK, SY, CY, SP
HOUSE SLAW		WHITE WINE	SP, MK
SWEET POTATO FRIES		ALL	€2.95
ALL			€4.30

## DESSERTS €6.95

*Try our range of delicious desserts*

### APPLE CRUMBLE TART

Topped with carmelised oats & Vanilla Ice Cream (Vegan Option)

(WH1, TN, LP2, EG, MK)

### CRÉME BRULE WITH SHORTBREAD

Finished with Mixed Berries & light short bread

(WH1, EG, MK)

### WARM CHOCOLATE BROWNIE

With Hazelnut crumb, Vanilla ice cream

(WH1, EG, MK)

### CHEESECAKE OF THE DAY

(WH1, WH3, MK)

### STICKY TOFFEE PUDDING

With a rich brandy butterscotch sauce & Ice Cream

(WH1, EG, MK)

### BELGIAN WAFFLES

Served with Mixed Berry & Toffee Sauce & Ice Cream

(WH1, EG, MK)

### SELECTION OF ICE CREAM OR SORBET

(MK)

*Try our Speciality Coffee's*

PLEASE ASK YOUR SERVER FOR YOUR FAVORITE FLAVOR

AMERICANO	€2.80
CAPPUCCINO	€3.80
LATTE	€3.80
TEA	€2.50
HERBAL TEA	€2.80
COFFEE ROYALE	€6.50
BAILEYS COFFEE	€6.50
KALYPSO COFFEE	€6.50
IRISH COFFEE	€6.50
HOME MADE SCONES	€2.95

PN = PEANUTS EG = EGGS MS = MOLLUSCS TN = TREE NUTS MK = MILK CY = CELERY SE = SESAME SY = SOYA MD = MUSTARD WH = WHEAT FH = FISH  
SP = SULPHITES LP = LUPIN CS = CRUSTACEANS \*WH= WH1 (WHEAT FLOUR), WH2 (SEMOLINA), WH3 (WHOLEMEAL), WH4 (WHEAT BRAN), WH5 (RYE) \*LP= LP1 (BARLEY), LP2 (COATS)